Bombay Frankie Company - Ingredient / Allergen Detail

	Beef (Minced)	Catfish	Chicken Breast	Chicken Thigh	Paneer (Cheese)	Salmon	Egg	Cauliflower	Greens Blend (Spinach + Broccoli)	Vegetable Blend	Sweet Potato	White Potato	Tomato	Cucumber	Chickpea	Lentils	Green Peas	Tahini	Almonds	Chickpea Flour	White Flour	Wheat Flour	Tamarind	Serrano Chili	Byadgi Chili	Cilantro	Mint	Condensed Milk	Heavy Cream	Sour Cream	Plain Yogurt	Whole Milk	Onion	Garlic	Ginger	Cumin	Turmeric	Fenugreek	Basmati Rice	Olive Oil	Mel-Fry (Canola Oil Blend)	Sugar
Frankie																																										
Chicken Tikka			x									x	x	x	x			x				x		x		x	x			x	x		x	x	x	x	x			x		
Chicken Tikka Masala			x									x	x	x	x			x				x		x		x	x		x	x	x		x	x	x	x	x	x		x		
Crispy Fish		x					x					x	x	x	x			x				x		x		x	x			x	x		x	x	x	x	x				x	
Shahi Paneer												x	x	x	x			x				x		x		x	x		x	x	x		x	x	x	x	x	x		x		
Tandoori Paneer					x							x	x	x	x			x				x		x		x	x			x	x		x	x	x	x	x			x		
Vegetable (Aloo Gobhi)								x			x	x	x	x	x			x				x		x		x	x			x	x		x	x	x	x	x	x		x		
Chana Masala												x	x	x	x			x				x		x		x	x			x	x		x	x	x	x	x	x		x		
Vegan								x			x	x	x	x	x			x				x		x		x	x						x	x	x	x	x	x		x		
Masala Salmon						x						x	x	x	x			x				x		x	x	x	x			x	x		x	x	x	x	x			x		
All Day Breakfast (Egg)							x					x	x	x	x			x				x		x		x	x			x	x		x	x	x	x	x			x		
Bowl																																										
Jeera Rice																																			x				x	x		
Aloo Gobhi								x			x		x											x		x							x	x	x	x	x		x	x		
Chana Masala													x		x									x		x							x	x	x	x	x	x	x	x		
Daal (Black / Yellow)													x			x								x		x							x	x	x	x	x	x	x	x		
Chicken Tikka Masala			x										x											x					x		x		x	x	x	x	x		x	x		
Chicken Curry				x									x											x		x							x	x	x	x	x	x	x	x		
Masala Salmon						x							x											x	x	x							x	x	x	x			x	x		
Saag Paneer					x				x				x											x		x							x	x	x	x	x	x	x	x		
Shahi Paneer					x								x											x		x			x		x		x	x	x	x	x	x	x	x		
Chicken Biryani				x									x											x		x					x		x	x	x	x	x	x	x	x		
Vegetable Biryani								x		x			x											x		x					x		x	x	x	x	x	x	x	x		
Breads																																										
Naan																					x					x				x										x		
Garlic Naan																					x					x				x				x						x		
Roti																						x				x														x		
Paratha																						x				x														x		
Sauces / Condiments																																										
Mint Chutney																								x		x	x						x							x		
Tamarind Chutney																																								x		x
Raita																															x											
Hot Sauce																								x	x	x							x	x	x							
Tikka Masala Sauce																								x					x				x	x	x	x	x					
Samosas																																										
Beef	x																				x			x		x							x	x	x	x				x	x	
Vegetable												x					x					x		x		x							x	x	x	x				x	x	
Small Bites																																										
Besan Fries											x									x														x	x		x	x			x		
Fish Pakora		x					x													x														x	x		x	x			x		
Hummus (BFC Housemade)															x			x																x			x	x		x			
Jeera Potatoes																																				x	x	x		x			
Vegetable Pakora																				x														x	x		x	x			x		
Desserts																																										
Gulab Jamun																																x										x
Kheer (Rice Pudding)																			x													x						x				x
Beverages																																										
Chai																												x				x										
Mango Lassi																															x	x										x